



## Family Impact Martial Arts

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MARTIAL ARTS

### What the belt colors mean

Color	Significance	Description
White	Beginning	A seed of knowledge being planted.
Yellow	Foundation	Traditional building blocks of TaeKwonDo.
Green	Development	Expansion of learning.
Blue	Understanding	Having a clearer perception of TaeKwonDo training.
Red	Caution	Danger resulting from using techniques not fully understood, due to short training time.
Black	Calmness	Confidence.